

# **Alcoholics Anonymous Meeting Schedule**

**Area 69, District 3**

**Updated Feb 2, 2012**

## **A. A. Preamble**

*Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other*

*that they may solve their common problem and help others to recover from alcoholism.*

*The only requirement for membership is a desire to stop drinking.*

*There are no dues or fees for AA membership;  
we are self-supporting through our own contributions.*

*AA is not allied with any sect, denomination, politics, organization or institution;  
does not wish to engage in any controversy; neither endorses nor opposes any causes.*

*Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.*

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### **Utah Valley Central Office**

420 N. 200 W. (Freedom Blvd) Suite # 6  
Provo Utah 84601  
Phone: (801) 375-8620

### **Office Hours**

Monday, Tuesday, and Friday 9:00 AM-1:00 PM  
Wednesday and Thursday 2:00 PM-6:00 PM

E-Mail: [utahvalleyaa@mcleodusa.net](mailto:utahvalleyaa@mcleodusa.net)

Web Site: [www.utahvalleyaa.org](http://www.utahvalleyaa.org)

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## **Phone Numbers**

**We care call before you take that first drink**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

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*The Utah Valley Central Office lists A.A. groups and meetings, but listing a group or meeting does not constitute or imply approval or endorsement of any groups, or meetings approach to, or practice of, the A.A. program.*

**(Boldface indicates recent change)**

### **Legend**

**C:** Closed meeting for those who have a desire to stop drinking **O:** Open meeting any interested person may attend

**A:** Wheelchair accessible

## GROUPS THAT MEET ON MULTIPLE DAYS

6:30 AM Rise and Shine O	72 N. Geneva Rd., Orem (Above Restaurant)	Mon – Fri
7:00 AM Sunrise Sobriety Group O, A	525 S. 600 W., Heber (Old Fair Grounds)	Mon – Fri
10:30 AM Spiritual Awakenings O	72 N. Geneva Rd., Orem (Above Restaurant)	Mon - Fri
12:00 PM Back to Basics O, A	50 W. 200 N., Provo (St Mary's Church)	Mon, Wed, Fri
12:00 PM Living Sober <sup>1</sup> O	72 N. Geneva Rd., Orem (Above Restaurant)	Daily
12:00 PM Lunch Bunch O, A	304 E. University Pkwy., Orem (Mimi's Restaurant)	Tues, Thurs
5:30 PM Commuter Meeting O	72 N. Geneva Rd., Orem (Above Restaurant)	Daily
8:00 PM Heber Group <sup>2</sup> O, A	525 S. 600 W., Heber (Old Fair Grounds)	Daily

### SUNDAY

8:00 AM The Drunk Squad Book Study C	72 N. Geneva Rd., Orem (Above Restaurant)	
<b>9:00 AM Payson Breakfast meeting O</b>	<b>952 E. 100 N., Payson ( Nebo Kitchen Restaurant)</b>	
10:00 AM Sober Sunday O	72 N. Geneva Rd., Orem (Above Restaurant)	
10:00 AM Spiritual Breakfast O, A	1435 N. Main., Springville (Joe Banditos Restaurant)	
10:00 AM Serenity Breakfast O, A	304 E. University Pkwy., Orem (Mimi's Cafe)	
10:00 AM Heber Spiritual Meeting O, A	525 S. 600 W., Heber (Old Fair Grounds)	
6:00 PM Pleasant Grove Group (Big Book Study) O	41 E. 200 S., Pleasant Grove (Div of Leisure Services)	
7:00 PM Sunday Speaker Meeting O	72 N. Geneva Rd. Orem (Above Restaurant)	
8:00 PM Young at Heart <sup>3</sup> C, A	175 N. University Ave., Provo (Community Church)	
8:00 PM American Fork Sunday Night O, A	834 E. State St., American Fork (Jim's Family Restaurant)	
8:30 PM New Week New Hope O	72 N. Geneva Rd., Orem (Above Restaurant)	

### MONDAY

6:30 PM Woman Supporting Women C	525 S. 600 W., Heber (Old Fair Grounds)	
7:00 PM Sisters in Sobriety C, A	245 S. 200 E., Springville (Presbyterian Church)	
7:30 PM Lehi A.A. 101 (Big Book Study)	55 N. Center St. Lehi (American Legion Hall)	
8:00 PM Provo #1 Group O, A	175 N. University Ave., Provo (Community Church)	
8:00 PM American Fork Monday Night O, A	834 E. State St., American Fork (Jim's Family Restaurant)	
8:00 PM Misfits Surrender C, A	245 S. 200 E., Springville (Presbyterian Church)	

### TUESDAY

6:45 PM Tuesday 6:45 PM O, A	50 W. 200 N., Provo (St. Mary's Church)	
7:00 PM Kamas Group O	280 N. 100 W., Kamas (Community Church)	
8:00 PM Rule 62 Meeting O	72 N. Geneva Rd., Orem (Above Restaurant)	
8:00 PM Pleasant Grove Group C	41 E. 200 S., Pleasant Grove (Div of Leisure Services)	
8:10 PM Salem Pond Men's Meeting C, A	315 E. 100 N., Payson ( San Andres Catholic Church)	

### WEDNESDAY

6:00 PM Pleasant Grove Group O	41 E. 200 S., Pleasant Grove (Div of Leisure Services)	
7:00 PM Payson Group O, A	315 E. 100 N., Payson ( San Andres Catholic Church)	
8:00 PM Ain't Saints O	72 N. Geneva Rd., Orem (Above Restaurant)	
<b>8:00 PM Provo Open Discussion C, A</b>	<b>1300 E. Center St., Provo (Chapel at State Hospital)</b>	
8:00 PM Friends of Dr. Bob (Big Book Study) C, A	467 E. 1700 N., Mapleton (Private Residence)	

### THURSDAY

6:00 PM Lehi A. A. 101 (Participation Meeting)	55 N. Center St. Lehi (American Legion Hall)	
7:45 PM Unity Step Study C, A	50 W. 200 N., Provo (St. Mary's Church)	
8:00 PM Sober Get-Together O	72 N. Geneva Rd., Orem (Above Restaurant)	
8:00 PM American Fork Group <sup>5</sup> C, A	75 N. 100 E., American Fork (Presbyterian Church)	

### FRIDAY

12:00 PM American Fork Noon Meeting O, A	834 E. State St., American Fork (Jim's Family Restaurant)	
8:00 PM UROK Meeting O	72 N. Geneva Rd., Orem (Above Restaurant)	
8:00 PM B.Y.O.C. C, A	245 S. 200 E., Springville (Presbyterian Church)	
10:00 PM Aint Saints Late Night O	72 N. Geneva Rd., Orem (Above Restaurant)	

**SATURDAY**

9:00 AM Sober@Sunrise O, A  
9:00 AM Sunrise Sobriety Group O, A  
5:30 PM Wasatch Group C, A  
**7:00 PM Bridge to Recovery O**  
8:00 PM Pleasant Grove Group O  
8:00 PM Living Sober Sat Night O  
10:00 PM Fireside Meeting O

130 N. 400 E., Orem (Community Church)  
600 E. Center St., Heber (Rear Entrance)  
5 S. 100 W., Heber (St. Lawrence Church)  
**105 E. 100 N., Payson (Calvary Church)**  
41 E. 200 S., Pleasant Grove (Div of Leisure Services)  
72 N. Geneva Rd., Orem (Above Restaurant)  
72 N. Geneva Rd., Orem (Above Restaurant)

**SPANISH SPEAKING MEETINGS**

7:30 PM Spanish Speaking Meeting

1800 S. State St., Orem (East Side Downstairs)

Mon, Tues, Thurs, Sat

**Footnotes:**

1. Big Book Study on Saturdays, and Open Discussion on Sundays. 2. Step Study on Tuesdays, and Big Book Study on Wednesdays. 3. Grapevine meeting second Sunday of the month. 4. Open Meeting last Tuesday of the month. 5. Open Meeting third Thursday of the month.

**Monthly Service Meetings**

**District III Committee Meeting**

First Wednesday of Each Month 6:30 PM  
50 W. 200 N., Provo  
(St Mary's Church)

**Utah Valley Central Office Meeting**

Third Wednesday of Each Month 6:30 PM  
420 N. 200 W., Provo  
Upstairs above Central Office

For the latest updates to our schedule please visit [www.utahvalleyaa.org](http://www.utahvalleyaa.org)

**ONE DAY AT A TIME**

**EASY DOES IT**

**FIRST THINGS FIRST**

**LIVE AND LET LIVE**

**THINK, THINK, THINK,**

**KEEP IT SIMPLE**